

1) What is the velocity of the cart when it is 2m off the ground

$$\sum E_1 = \sum E_2$$

$$U_{g1} + k_1 = U_{g2} + k_2$$

$$K = \frac{1}{2}mv^2$$

$$U_{g1} - U_{g2} + k_1 = k_2$$

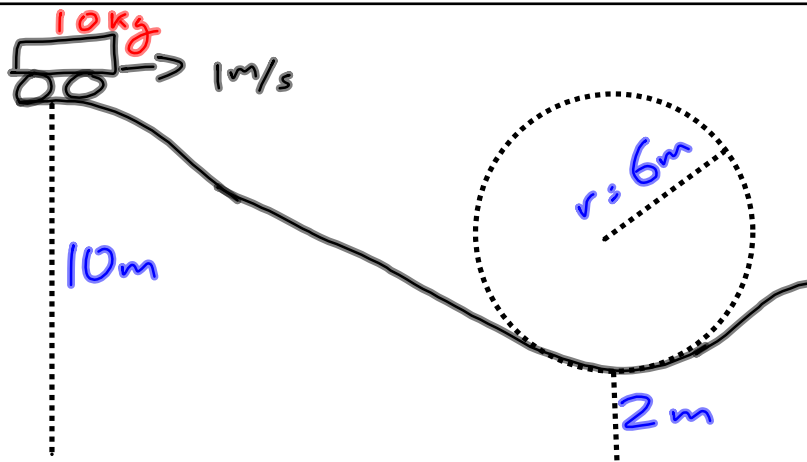
$$\Delta U_g + k_1 = k_2$$

$$m \cdot g \cdot \Delta h + \frac{1}{2}m v_1^2 = \frac{1}{2}m v_2^2$$

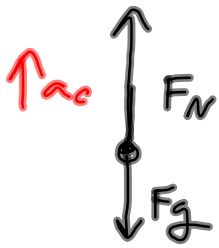
$$\sqrt{2g\Delta h + v_1^2} = \sqrt{v_2^2}$$

$$\sqrt{2(10\text{m/s}^2)(8\text{m}) + (1\text{m/s})^2} = v_2$$

$$\boxed{12.69\text{m/s} = v_2}$$



2) What is the Normal force at 2m?



$$a_x = \frac{\sum F_x}{m}$$

$$\downarrow 0 = \frac{0}{m}$$

$$a_c = \frac{v^2}{r} = \frac{4\pi^2 r}{T^2}$$

$$a_y = \frac{\sum F_y}{m}$$

$$\downarrow a_c = \frac{F_N - F_g}{m}$$

$$m \cdot \frac{v^2}{r} = \frac{F_N - F_g}{m}$$

$$\frac{mv^2}{r} + F_g = F_N$$

$$\frac{(10 \text{ kg})(12.69 \text{ m/s})^2}{(6 \text{ m})} + (10 \text{ kg} \cdot 10 \text{ m/s}^2) = F_N$$

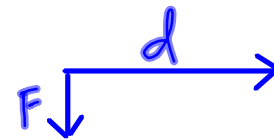
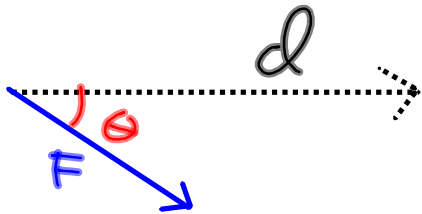
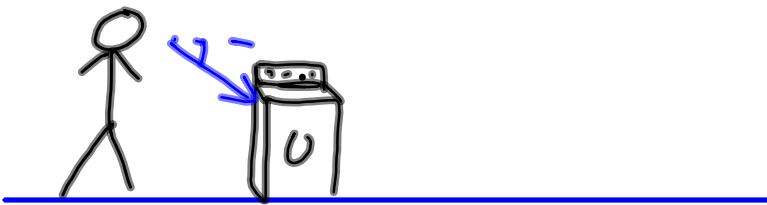
$$F_N = 369 \frac{\text{kg} \cdot \text{m}}{\text{s}^2}$$

# Work

Energy Transferred  
by a force over a  
certain distance

$$W = \vec{d} \cdot \vec{F} \quad \text{Dot Product}$$

$$W = d F \cos(\theta)$$



$$W = d \cdot F \cos(90) \\ = 0$$

$$\begin{array}{c} F \rightarrow d \rightarrow \\ W = d \cdot F \cos(\theta) \\ W = d \cdot F \end{array}$$

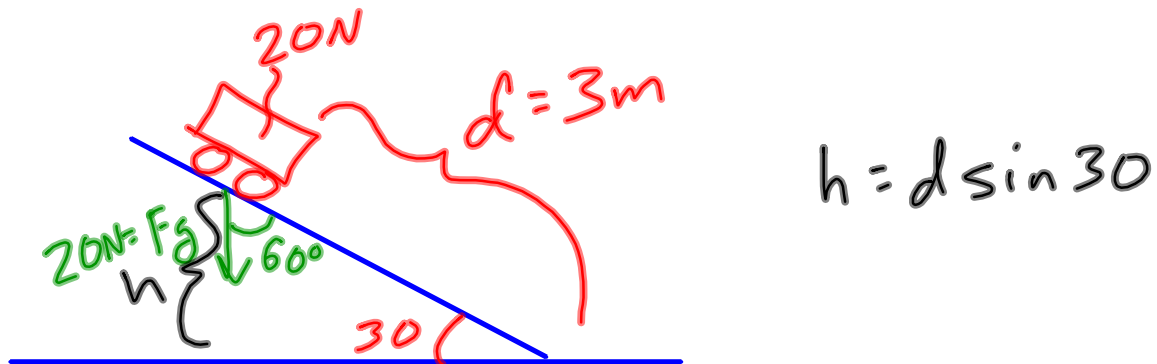
Work and Energy

$$W = d \cdot F \cos(\theta)$$

$$[m] \left[ \frac{kg \cdot m}{s^2} \right]$$

$$W: \left[ \frac{kg \cdot m^2}{s^2} \right] = [J]$$

$$W = \Delta E$$



$$h = d \sin 30$$

Work in terms of force  
What is the work done by gravity?

$$\begin{aligned} W &= d \cdot F_g \cos(\theta) \\ &= 3\text{m} (20\text{N}) \cos(60) \\ &= 30\text{ J} \end{aligned}$$

Work in terms of  $\Delta E$

$$\begin{aligned} \Delta U_g &= m g \Delta h \\ &= 20\text{N} \cdot 3\text{m} \sin(30) \end{aligned}$$